

## 2009 XC MEET SCHEDULE AND RESULTS

| Meet        | Date  | Location and Hosting Club   |
|-------------|-------|---|
| Pre-Season  | 9/12  | Pierce College- LA Trade Tech / SCYTFC 2K & 5K Pre - Season Meet<br>Results         |
| 1           | 9/19  | Oak Canyon Park, Newbury Park - NP / UTC<br>Results                                 |
| 2           | 9/26  | Corriganville Park, Simi Valley - SVRR / CC<br>Results                              |
| 3           | 10/3  | Arroyo Verde, Ventura - VE /CAL /FILMORE<br>Results                                 |
| Bye         | 10/10 | Bye - No Meet   |
| 4           | 10/18 | Mt. Sac - USATF Free Spirit Invitational Meet<br>Results                            |
| 5           | 10/24 | O'Melveny Park, Granada Hills - All Teams<br>Conference Finals<br>Results           |
| 6           | 11/7  | Pierce College - SCYTFC Invitational - WVE / SCTC<br>Results                        |
| Post Season | 11/14 | AAU Southern Pacific District Qualifier- Corriganville Park, Simi Valley<br>Results |
| Post Season | 11/22 | USATF Region 15 Qualifier - Escondido, California<br>Results                        |
| Post Season | 12/5  | AAU National Cross Country Championship - Orlando, Florida<br>Results               |
| Post Season | 12/12 | USATF National Cross Country Championships - Reno, Nevada<br>Results                |